

PSHE Policy



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1. Introduction

Our PSHE programme promotes the spiritual, moral, cultural, mental and physical development of pupils at Pheasant Bank Academy, preparing them for the opportunities, responsibilities and experiences of later life. We follow a programme of study developed from the PSHE Association's Primary Toolkit, Jigsaw and Sheffield ILS eLearning Service. Our programme of Study not only reflects the specific needs of the pupils but also reflects the universal needs shared by all pupils such as E-Safety, Railway Safety, Obesity, CCE (child exploitation) and Dental Hygiene.

From 2020, we must provide relationship and health education (RS&HE) to all pupils as per section 34 of the Children and Social work act 2017. As we already deliver a comprehensive PSHE program; we have reviewed and adjusted it to meet the Department of Education (DfE) expectations (see Appendix 2-4) and are due to deliver it from September 2019.

Relationship and health education will be taught as part of our PSHE curriculum. As a primary school, we are not required to provide sex education apart from the elements included in the primary science curriculum. However, as part of their PSHE education, pupils in Years 5 and 6 will receive stand-alone sex education lessons, delivered by a trained health professional.

2. Right to withdraw

Parents do not have the right to withdraw their child from relationship education; however, they do have the right to withdraw their children from the non-statutory /non-science components of sex education within PSHE.

3. Intent

Our school's overarching intent for our pupils is to provide a Personal, social, health and economic (PSHE) education programme of study which ensures all pupils are provided with:

- Accurate, balanced and relevant knowledge.
- Opportunities to turn that knowledge into personal understanding.
- Opportunities to explore, clarify and if necessary, challenge, their own and others' values, attitudes, beliefs, rights and responsibilities.
- The skills, language and strategies they need in order to live healthy, safe, fulfilling responsible and balanced lives.
- Opportunities to develop positive personal attributes such as resilience, self-confidence, self-esteem and empathy.
- Accurate, balanced and relevant knowledge to enable them to appreciate what it means to be a positive, tolerant member of a diverse multicultural society.

Our children will be taught in a safe and supportive learning environment. We will ensure that where a pupil indicates that they may be vulnerable and at risk, they will get appropriate support by staff members following the schools safeguarding/child protection policies.

4. Implementation

The scheme of work has three core themes, these are the same for each year group and are tailored to the appropriately.

Each core theme is divided up into three topic areas:

Core Theme 1: Relationships

Topic areas:

- Families and Friendships
- Safe Relationships
- Respecting ourselves and others

Core Theme 2: Living in the Wider World

Topic areas:

- Belonging to a community
- Media literacy and digital resilience
- Money and Work

Core Theme 3: Health and Wellbeing

Topic areas:

- Physical health and Mental Wellbeing
- Growing and Changing
- Keeping Safe

PSHE education addresses both pupils' direct experience and preparation for their future. Therefore, we feel it is important to provide a spiral programme of knowledge, skills and attribute development, where prior learning is revisited, reinforced and extended in age and key stage appropriate contexts. We feel that PSHE education should reflect the universal needs shared by all pupils as well as the specific needs of the pupils at our school.

4. Organisation/provision

We teach PSHE & RSE in a variety of ways. We have dedicated curriculum time/lessons using the scheme of work developed from the PSHE Association's Primary Toolkit, Jigsaw and Sheffield ILS eLearning Service.

In addition, PSHE is developed through whole-school activities and events:

- Our school council; the representatives from each class meet regularly to discuss school matters.
- Residential visits in Key Stage 2: **TBC**
- Themed weeks; our children take part in themed weeks and whole school events.
- Visiting speakers.
- A variety of clubs.

We also ensure that we incorporate and respect all social, moral, spiritual and cultural issues, encouraging our children to think about their place within Britain as citizens. We include the five British Values (democracy, rule of law, individual liberty, mutual respect and tolerance of different faiths/beliefs) within all of our teachings to establish an effective and safe school environment.

5. Teaching PSHE to children with special needs

All pupils, regardless of their needs must be part of PSHE & RSE lessons, as it is an important part of developing healthy relationships with their peers. We will respect pupils' unique starting points by providing learning opportunities that are

matched to the individual needs of all children, including those who are gifted and talented or have learning difficulties. When teaching PSHE we consider the targets set for the children in their Education Health and Care Plan (EHCP), some of which may be directly related to PSHE targets. For gifted and talented pupils, we will provide additional opportunities to take responsibility, develop leadership skills, think creatively and use their talents for the good of the class or the wider community.

6. Equality and Diversity

Our PSHE education is accessible to every pupil. Teaching will consider the ability, age, readiness, religious and cultural backgrounds of our young people and those with English as a second language to ensure that all can fully access our PSHE education provision, in accordance with the Equality Act 2010.

7. Healthy Schools Award

As a school we will be working towards achieving this during the 2021/2022 academic year.

8. Anti-Bullying Award

As a school we will be working towards achieving this during the 2021/2022 academic year.

9. Thrive

As a school we have Thrive practitioners who are able to provide children and their families with support regarding their emotional and social needs. All classes have completed a whole class assessment to ensure that needs can be met and delivered through Quality First Teaching and through additional resources and interventions.

10. PSHE and ICT

Learning in PSHE will compliment learning in Computing, where the children will develop a sense of global citizenship by safe use of the internet. There is an e-safety policy for all pupils, which aims to develop a set of safe and discriminating behaviours for pupils' to adopt when using the internet and other technologies. Through discussion of safety and other issues related to electronic communication, the children develop their own view about the use and misuse of ICT, and they also gain an insight into the interdependence of ICT users around the world.- work with BT on creating one if not in place?

10. Assessment and recording

We will assess the pupils; learning through valuing and recognising what pupils have done or completed successfully, thereby raising their self-esteem.

In PSHE there are two broad areas for assessment:

- Children's knowledge and understanding; for example, information on health, understanding of rules, understanding of health and safety procedures, and the meaning of ideas including democracy.
- How well children can use their knowledge and understanding in developing skills and attitudes; for example, through participating in discussions, group tasks and activities, managing conflict, making decisions and promoting positive relationships.

Pupils have a specific PSHE Reflection Book, where they record their work throughout the year.

11. Resources

Resources for PSHE are kept in the resource room, in the hall although each classroom has its own selection of PSHE resources and there are additional resources in the library. The school is a member of the PSHE Association, an excellent website which is endorsed by the DfE and includes curriculum guidance, lesson plans, resources, and CPD training. We are also following the JIGSAW programme, which covers all areas of the National Curriculum.

12. Monitoring and review

The PSHE Leader and SLT are responsible for monitoring the standards of children's work and the quality of teaching. They support colleagues in the teaching of PSHE, by giving them information about current developments in the subject.

The policy was written in the 2020/2021 academic year by the Healthy Body and Healthy Minds co-ordinator, after consultation with parents and staff and has been approved by the governors. It is up to date with current guidance from the Government and DfE. It will be reviewed in the 2021/2022 academic year.

Date of ratification:

Ratifying body:

Intended date of next review: