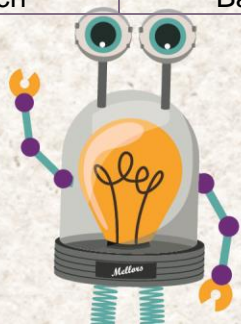


WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN DISH</b>	Chicken Strips & Wedges	All day Breakfast	Roast Turkey with Stuffing	Meatballs & Pasta	Fish & Chips
<b>VEGETARIAN MAIN DISH</b>	Quorn Nuggets & Wedges	Omelette, Vegetarian Sausage, Beans and Tomatoes	Quorn Fillet & Roast Potatoes	Vegetarian Pasta Bake	Cheese and Onion Quiche
<b>PASTA/PANINI</b>	Panini	Pasta Pot	Panini	Pizza Slice	Panini
<b>ACCOMPLIMENTS</b> 	Beans & Sweetcorn Or Salad Bar	Peas & Sweetcorn or Salad Bar	Carrots & Peas Or Salad Bar	Cabbage & Green Beans Or Salad Bar	Mushy Peas or Salad Bar
<b>DESSERTS</b>	Ice cream & Fruit	Doughnut	Muffins & Fruit	Angel Delight & Fruit	Cookie
<b>JACKET POTATOES &amp; SANDWICHES</b>	Jacket with Cheese, Beans or Tuna Ham or Cheese Sandwich	Jacket with Cheese, Beans or Tuna Turkey or Egg Mayo Baguette	Jacket with Cheese, Beans or Tuna Tuna or Ham Bap	Jacket with Cheese, Beans or Tuna Turkey or Cheese Wrap	Jacket with Cheese, Beans or Tuna Ham or Cheese Sandwich



# MENU



Fuel your afternoon with a healthy school lunch from Mellors



- 1 OF YOUR 5 A DAY



- HEALTHY OPTION