



The Thrive Approach

Thrive at Pheasant Bank Academy



What is Thrive?

Thrive supports children with their emotional health, well being and social skills, all of which are needed to enable learning to take place. Children cannot always put their needs into words, but the way children behave can tell us a lot about how they are feeling.

Why do we use it?

Thrive helps staff prepare young people for life's emotional ups and downs in partnership with parents, carers, families and other agencies. Our children learn resilience in the challenges they face and with support, they are continually gaining many social and emotional skills that will undoubtedly compliment the academic progress they make.

The approach gives guidance on how to be, and what to do, with children's differing behaviour. As a result, children become more self-assured and ready to engage with life and learning.

Based on neuroscience and attachment research, Thrive provides a targeted intervention. All practice is underpinned by Thrive-Online, an assessment tool and extensive action planning resource that charts progress and measures outcomes.

Next Steps for Thrive at Pheasant Bank Academy

Embedding Thrive deeper into the fabric of Pheasant Bank Academy is an ongoing journey. Our School currently has two fully qualified Thrive practitioners. Our aim is for Thrive to be the at the heart of all we do, creating a culture of wellbeing that means young people feel emotionally-regulated and ready to learn.

Thrive Documents

Embracing Thrive: a parent and carers guide

Dr Daniel Siegel presenting a Hand Model of the Brain

Survival Kit for Parents and Carers

Attachment & Control Issues

Wellbeing activities for children up to 11 years old.

Connection activities for children up to 11 years old.

The Thrive Team



Mrs Taplin & Miss Kennedy

